



## Pro-ARIDES

Programme Agroalimentaire pour la Résilience Intégrée et Le Développement Economique du Sahel

# Integrated Nutrition for All package from Pro-ARIDES in Niger

*Overall objective: "To contribute to increased resilience, food security and household incomes for farmers and (agro-) pastoralists in the Sudano-Sahelian zone of Burkina Faso, Mali and Niger, through efficient decentralized institutions and organizations for improved service delivery, natural resource and land management and local economic development".*



### Nutrition Durable Pour Tous *Sustainable Nutrition For All*



Pro-ARIDES has built its approach to preventing malnutrition through the Sustainable Nutrition for All (SN4A) approach. It is based on the affirmation that a community's nutritional situation cannot be modified simply by providing nutrients and supplementing with vitamins and vaccines. SN4A is an efficacious strategy for combating malnutrition with four fundamental pillars, implemented in a complementary manner:

1. Creating demand or awakening community awareness,
2. The promotion of nutrition-sensitive production systems, including food fortification or food enrichment,
3. Changing behavior,
4. Strengthening local governance

The operationalization of this approach in Niger is characterized by the implementation of nutrition-sensitive activities around the Foyers d'Apprentissage et de Réhabilitation Nutritionnelle (FARN), an innovation supported by the Ministry of Health and local authorities. The FARN initiative is a site where women of childbearing age can learn about good dietary, nutritional and hygienic practices, through culinary demonstrations. The aim is to improve the nutrition of children and women aged between 15 and 49. Within the framework of Pro-ARIDES, the FARN approach is integrated through couple dialogues, the practice of hut gardens, CEAPs and IGAs.



A total of 14 communes were affected by the basic screening, which enabled the installation of FARNs whose essential mission is to promote the diffusion of best nutrition practices. The villages concerned by this project are those with no health services (Community Level 2). Food diversification is low in these areas due to the inaccessibility of food products (fruit and vegetables) and their low economic accessibility. Thus, diversification and the development of activity packages targeting the same target households have made it possible to open up more nutrition options for these households (cereal production supplemented by vegetable and livestock production, including poultry farming). Diversified and varied products are used with the support of community-based health workers to make balanced rations. To enable all households to have fresh vegetables on hand at any time of year, home gardens have been promoted. Culinary demonstrations were carried out afin to show the best possible combinations to increase the usefulness of food for the human organism.

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<p><b>THEMATIQUES</b></p>	<p>Mettre fin à toutes les formes de malnutrition</p>	<p>Eliminer la faim et assurer l'accès à une alimentation saine, nutritive et suffisante toute l'année</p>	<p>Assurer la viabilité des systèmes de production alimentaire et mettre en œuvre des pratiques résilientes</p>	<p>Doubler la productivité agricole et les revenus des petits producteurs alimentaires</p>
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### Nutrition for All pillars (SN4A)

**Pillar 1** : Creating demand or awakening community awareness

**Pillar 2** : Promotion of nutrition-sensitive production systems, including food fortification or fortification

**Pillar 3** : Changing behavior

**Pillar 4** : Strengthening local governance

<b>NUTRITION package (Trajectory 1)</b>	Promoting and raising awareness of the market- and nutrition-sensitive agriculture approach			
	Home garden and awareness-raising on healthy eating practices			
	Promotion of healthy eating through couple dialogue for decision-making on the production and consumption of local products with high nutritional value.			
			Market gardening field schools (CEM) and agro-pastoral field schools (CEAP)	
			Support for more environmentally friendly production techniques that promote the nutritional characteristics of foodstuffs	
<b>Other components of Pro-ARIDES' integrated nutrition package in Niger (Trajectories 2, 4 and 5)</b>	Screening and referral to CREN			
	Income-generating activities			
	Setting up Foyers d'Apprentissage et de Réhabilitation Nutritionnelle (FARN) (Learning and Nutritional Rehabilitation Centers)			
	Culinary demonstrations			
<b>Collaboration</b>	Support for women's and youth organizations in advocating and lobbying for better satisfaction of their needs			
	<ul style="list-style-type: none"> <li>• Support and supervision of technical ministries and decentralized services</li> <li>• Partnership with local authorities and grassroots community organizations</li> <li>• Community Nutrition Support Groups and Health and Nutrition Relays</li> </ul>			

### Contact

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